Regiocrit. OVL Dag2: Session: 1: COACH Evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Smedt Leny HEADCOACH

Coaches: Moreels Barbara

Coaches: Bijloos Annie

Coaches: Meskens Dries

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:1, starttime: 14:00

Heat: 1/3 Lane : 4 Athlete: MEEUS JANNE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:1, starttime: 14:00

Heat: 1/3 Lane : 5 Athlete: ECKEMAN DRIES — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:2, starttime: 14:05

Heat: 2/3 Lane : 5 Athlete: SCHEPERS ARNE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH Evaluation sheet for TEAM: AZL

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:2, starttime: 14:15

Heat: 2/13 Lane : 5 Athlete: MORATO ALIX — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:6, starttime: 14:20

Heat: 6/13 Lane : 1 Athlete: VANDERSTRAETEN HELENA — **Q-time: 00:46:74**

PB (25m pool): 00:47.56 Lokeren 28/09/2025 **PB (50m pool):** 00:46.74 **SB:** no time

	25 M	50 M	
PB		00:47.56	
	00:47.56		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:1, starttime: 14:40

Heat: 1/14 Lane : 4 Athlete: TANASE DARIA — **Q-time: 01:43:06**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:3, starttime: 14:40

Heat: 3/14 Lane : 4 Athlete: DE WOLF ROOS — **Q-time: 01:21:96**

PB (25m pool): 01:21.96 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 01:21.96 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:39.57		01:21.96	
	00:39.57		*00:42.39*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH Evaluation sheet for TEAM: AZL

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:4, starttime: 14:45

Heat: 4/14 Lane : 1 Athlete: HUYLEBROECK JANNE — **Q-time: 01:21:08**

PB (25m pool): 01:21.08 EEKLO 04/10/2026 **PB (50m pool):** 01:27.07 **SB:** 01:21.08 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:39.57		01:21.08	
		00:39.57		*00:41.51*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:6, starttime: 14:45

Heat: 6/14 Lane : 5 Athlete: BELMANS MARGAUX — **Q-time: 01:17:72**

PB (25m pool): 01:17.72 Eeklo 19/04/2026 **PB (50m pool):** 01:17.94 **SB:** 01:18.80 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.73		01:17.72	
		00:37.73		*00:39.99*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:7, starttime: 14:50

Heat: 7/14 Lane : 3 Athlete: DEBAETS ELIEN — **Q-time: 01:14:86**

PB (25m pool): 01:14.86 Temse 21/12/2025 **PB (50m pool):** 01:14.88 **SB:** 01:15.18 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.21		01:14.86	
		00:35.21		*00:39.65*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:10, starttime: 14:55

Heat: 10/14 Lane : 3 Athlete: HEYLEN ROOS — **Q-time: 01:10:48**

PB (25m pool): 01:10.48 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:13.21 **SB:** 01:10.48 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.37		01:10.48	
		00:34.37		*00:36.11*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH Evaluation sheet for TEAM: AZL

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:2, starttime: 15:05

Heat: 2/12 Lane : 1 Athlete: DE LANDSHEER OSKAR — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:2, starttime: 15:05

Heat: 2/12 Lane : 3 Athlete: DIERICK ROBBE — **Q-time: 01:32:78**

PB (25m pool): 01:32.78 Eeklo 19/04/2026 **PB (50m pool):** 01:43.51 **SB:** 01:33.65 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:42.92		01:32.78	
	00:42.92		*00:49.86*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:3, starttime: 15:05

Heat: 3/12 Lane : 5 Athlete: REYNIERS WARRE — **Q-time: 01:25:96**

PB (25m pool): 01:27.67 Eeklo 19/04/2026 **PB (50m pool):** 01:25.96 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:41.72		01:27.67	
	00:41.72		*00:45.95*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:4, starttime: 15:05

Heat: 4/12 Lane : 5 Athlete: PINTILIE FABIAN — **Q-time: 01:20:62**

PB (25m pool): 01:20.62 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:22.63 **SB:** 01:20.62 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.72		01:20.62	
	00:37.72		*00:42.90*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH Evaluation sheet for TEAM: AZL

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:7, starttime: 15:10

Heat: 7/12 Lane : 3 Athlete: SCHEPERS RUBEN — **Q-time: 01:08:73**

PB (25m pool): 01:09.49 Temse 21/12/2025 — **PB (50m pool):** 01:08.73 **SB:** 01:09.99 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:33.19		01:09.49	
		00:33.19		*00:36.30*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:7, starttime: 15:10

Heat: 7/12 Lane : 5 Athlete: BOEL ELIAS — **Q-time: 01:10:76**

PB (25m pool): 01:10.76 Eeklo 19/04/2026 — **PB (50m pool):** 01:11.42 **SB:** 01:10.90 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.00		01:10.76	
		00:34.00		*00:36.76*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:8, starttime: 15:15

Heat: 8/12 Lane : 5 Athlete: MAES JORDY — **Q-time: 01:07:28**

PB (25m pool): 01:07.28 Temse 21/12/2025 — **PB (50m pool):** 01:07.67 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:33.38		01:07.28	
		00:33.38		*00:33.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:11, starttime: 15:20

Heat: 11/12 Lane : 1 Athlete: DE COCK MATZ — **Q-time: 01:01:66**

PB (25m pool): 01:01.66 Sint-Amandsberg 18/10/2026 — **PB (50m pool):** 01:03.18 **SB:** 01:01.66 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:29.58		01:01.66	
		00:29.58		*00:32.08*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH Evaluation sheet for TEAM: AZL

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:11, starttime: 15:20

Heat: 11/12 Lane : 6 Athlete: LUYPAERT EDEN — **Q-time: 01:02:28**

PB (25m pool): 01:02.28 Durmehal 27/09/2026 **PB (50m pool):** 01:05.79 **SB:** 01:02.28 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:29.75		01:02.28	
		00:29.75		*00:32.53*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:12, starttime: 15:20

Heat: 12/12 Lane : 6 Athlete: VAN DE WINKEL MILAN — **Q-time: 01:00:54**

PB (25m pool): 01:00.54 Eeklo 19/04/2026 **PB (50m pool):** 01:02.49 **SB:** 01:00.57 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:29.22		01:00.54	
		00:29.22		*00:31.32*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 4x50M FREESTYLE WOMEN 11+ — Heat:1, starttime: 15:20

Heat: 1/3 Lane : 4 Athlete: TEAM AZL 2 — **Q-time: 02:23:01**

PB (25m pool): **PB (50m pool):** **SB:**

	25 M	50 M	75 M	100	125	150	175	200 M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 6: 4x50M FREESTYLE WOMEN 11+ — Heat:2, starttime: 15:25

Heat: 2/3 Lane : 5 Athlete: TEAM AZL 1 — **Q-time: 02:17:74**

PB (25m pool): **PB (50m pool):** **SB:**

	25 M	50 M	75 M	100	125	150	175	200 M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH Evaluation sheet for TEAM: AZL

Event number: 9: 200M MEDLEY MEN 11+ **Heat:2, starttime: 16:25**

Heat: 2/13 Lane : 2 Athlete: DE LANDSHEER OSKAR **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ **Heat:2, starttime: 16:25**

Heat: 2/13 Lane : 3 Athlete: DIERICK ROBBE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ **Heat:2, starttime: 16:25**

Heat: 2/13 Lane : 5 Athlete: PINTILIE FABIAN **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ **Heat:5, starttime: 16:35**

Heat: 5/13 Lane : 1 Athlete: REYNIERS WARRE **Q-time: 03:22:12**

PB (25m pool): 03:22.12 Durmehal 27/09/2026 **PB (50m pool):** 03:38.14 **SB:** 03:22.12 Durmehal 27/09/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:46.93		01:39.07		02:36.25		03:22.12
	00:46.93		*00:52.14*		*00:57.18*		*00:45.87*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH Evaluation sheet for TEAM: AZL

Event number: 9: 200M MEDLEY MEN 11+ — Heat:8, starttime: 16:45

Heat: 8/13 Lane : 3 Athlete: BOEL ELIAS — **Q-time: 02:49:50**

PB (25m pool): 02:49.50 Durmehal 27/09/2026 **PB (50m pool):** 02:54.40 **SB:** 02:49.50 Durmehal 27/09/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:37.81		01:20.49		02:08.16		02:49.50
		00:37.81		*00:42.68*		*00:47.67*		*00:41.34*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:9, starttime: 16:50

Heat: 9/13 Lane : 4 Athlete: SCHEPERS RUBEN — **Q-time: 02:46:43**

PB (25m pool): 02:46.43 Durmehal 27/09/2026 **PB (50m pool):** 02:53.38 **SB:** 02:46.43 Durmehal 27/09/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:35.07		01:17.60		02:06.83		02:46.43
		00:35.07		*00:42.53*		*00:49.23*		*00:39.60*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:10, starttime: 16:55

Heat: 10/13 Lane : 2 Athlete: MAES JORDY — **Q-time: 02:42:87**

PB (25m pool): 02:45.45 Gent 09/11/2025 **PB (50m pool):** 02:42.87 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:35.49		01:15.28		02:07.46		02:45.45
		00:35.49		*00:39.79*		*00:52.18*		*00:37.99*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:12, starttime: 17:00

Heat: 12/13 Lane : 4 Athlete: VAN DE WINKEL MILAN — **Q-time: 02:31:31**

PB (25m pool): 02:31.31 Temse 31/05/2026 **PB (50m pool):** 02:39.48 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:32.37		01:10.76		01:55.12		02:31.31
		00:32.37		*00:38.39*		*00:44.36*		*00:36.19*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH Evaluation sheet for TEAM: AZL

Event number: 9: 200M MEDLEY MEN 11+ — Heat:12, starttime: 17:00

Heat: 12/13 Lane : 6 Athlete: LUYPAERT EDEN — **Q-time: 02:35:78**

PB (25m pool): 02:35.78 EEKLO 04/10/2026 **PB (50m pool):** 02:47.39 **SB:** 02:35.78 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:31.68		no time		no time		02:35.78
		00:31.68						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:13, starttime: 17:00

Heat: 13/13 Lane : 1 Athlete: DE COCK MATZ — **Q-time: 02:30:52**

PB (25m pool): 02:30.52 EEKLO 04/10/2026 **PB (50m pool):** 02:35.47 **SB:** 02:30.52 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:31.65		no time		no time		02:30.52
		00:31.65						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:2, starttime: 17:10

Heat: 2/17 Lane : 4 Athlete: DE WOLF ROOS — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:3, starttime: 17:15

Heat: 3/17 Lane : 6 Athlete: TANASE DARIA — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH Evaluation sheet for TEAM: AZL

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:4, starttime: 17:20

Heat: 4/17 Lane : 6 Athlete: MORATO ALIX — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:6, starttime: 17:25

Heat: 6/17 Lane : 3 Athlete: HUYLEBROECK JANNE — **Q-time: 03:21:43**

PB (25m pool): 03:21.43 EEKLO 04/10/2026 **PB (50m pool):** 03:26.54 **SB:** 03:21.43 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:44.19		no time		no time		03:21.43
		00:44.19						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:8, starttime: 17:35

Heat: 8/17 Lane : 1 Athlete: VANDERSTRAETEN HELENA — **Q-time: 03:17:11**

PB (25m pool): 03:17.11 Durmehal 27/09/2026 **PB (50m pool):** 03:33.78 **SB:** 03:17.11 Durmehal 27/09/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:44.47		01:37.05		02:33.97		03:17.11
		00:44.47		*00:52.58*		*00:56.92*		*00:43.14*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:9, starttime: 17:40

Heat: 9/17 Lane : 1 Athlete: DEBAETS ELIEN — **Q-time: 03:13:08**

PB (25m pool): 03:13.86 Eeklo 21/04/2025 **PB (50m pool):** 03:13.08 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:44.30		no time		no time		03:13.86
		00:44.30						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH Evaluation sheet for TEAM: AZL

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:9, starttime: 17:40

Heat: 9/17 Lane : 5 Athlete: BELMANS MARGAUX — **Q-time: 03:13:04**

PB (25m pool): 03:15.46 EEKLO 04/10/2026 **PB (50m pool):** 03:13.04 **SB:** 03:15.46 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:46.28		no time		no time		03:15.46
		00:46.28						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:10, starttime: 17:40

Heat: 10/17 Lane : 2 Athlete: HEYLEN ROOS — **Q-time: 03:09:03**

PB (25m pool): 03:20.92 Eeklo 21/04/2025 **PB (50m pool):** 03:09.03 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:45.89		no time		no time		03:20.92
		00:45.89						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 4x50M FREESTYLE MEN 11+ — Heat:1, starttime: 18:10

Heat: 1/2 Lane : 1 Athlete: TEAM AZL 3 — **Q-time: 02:22:83**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 4x50M FREESTYLE MEN 11+ — Heat:2, starttime: 18:10

Heat: 2/2 Lane : 1 Athlete: TEAM AZL 4 — **Q-time: 01:57:14**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: